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Positive Psychology its effectiveness among B.Ed. student teachers

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* Introduction -

In today's era, society is facing extremely tough challenges in the form of Global warming, natural disasters, economic recession, unprecedented homelessness, terrorism and the draining continuation of war, where in the world does a science based on testing happiness, wellbeing, personal growth and the good life fits into the modern day agenda. Now - a - days people require positive experiences ex. optimism, happiness, condition. B.Ed. student teacher part of global India. Their positive psychology impact on students teacher. Positive psychology is able to give the scientific community, society and individual a new perspective on existing ideas as well as providing empirical evidence to support the phenomenon of human flourishing for the purpose psychology is majorly focused on scientific approach which includes mental functioning and happiness.

* Need and importance of the Research -

'Sarva Shiksha Abhiyan' propagates 'Education to all'. It denotes us that all type of education is needed for Indian culture in which one of the best topics in curriculum is positive psychology. In educational language, it is named as 'Anandadal Shikshan' for children positive psychology in today's world will help people with disabilities, illness, people suffering from stress & other deficiencies of life from positive psychology we will open door for positivity and lead to a new way of thinking and work capacity is increased because positive thinking power keeps maintaining the hormonal level of body and body works its do best, so future teacher will have multiple roles like educator, councilor, guide, promoter. Due to this positive psychology one of the most typical factor is student-teacher is that, success is the teaching of high quality, which requires student to have good judgement, efficiency & performance all of which included in this research.

* Statement of the problem -

1) How the positive psychology work & effectiveness among B.Ed. student teacher.

* Objective -

In the present research paper objectives as follows.

1) To study effectiveness of positive psychology among B.Ed. student teacher.

* Hypothesis -

1) There is no significant difference between effectiveness of positive psychology

among B.Ed. student-teacher.

*** Assumption -**

- 1) Positive psychology is need of teacher.
- 2) Life satisfaction is related to positive psychology of human being.
- 3) Positive psychology is highly discussed controversial topic in today's society.

*** Operational definition -**

- 1) Psychology -

It is the study of the process & conditions which contributes to the optimal functioning of individual's positive aspects, human effectiveness, clear communication, leadership & values being thanks and appreciated strength & fun.

- 2) Effectiveness -

The degree to which something is successful in producing a desired result among student - teachers.

- 3) Students - teacher -

A college student who is pursuing a degree in education.

*** Scope & Limitation -**

In the present study, researcher studied about effectiveness of positive psychology among B.Ed. student teacher from Jalgaon under KBCNMU Jalgaon. The present study is limited only for 100 B.Ed. student teacher from SES college of education (B.Ed.) Jalgaon a positive psychology having 27 dimensions but research study only 5 factor of positive psychology.

*** Research Methodology -**

In the present research researcher used survey method.

*** Sample -**

In the present study was 100 students of B.Ed. College which come under KBCNMU Jalgaon researcher selected sample by purpose sample method.

*** Analysis and Interpretation of Data -**

Effectiveness towards positive psychology among B.Ed. student - teachers.

Gender	No.	Mean	SD.	Data		Signif. level	Hyps.
				't' obs	't' tab		
Male	45	206-16	19-20			0.05	Rejected
Female	46	105-46	13-19	2.68	1.98		

From the above table it be included that far degrees of freedom (df) 89 observed 't' is 2.68 and the critical table value of 't' is 1.98. observed 't' is greater than table 't'. It shows that there is significant difference between towards positive psychology mean scores of male & female B.Ed. student - teachers.

*** Conclusion -**

Majority of B.Ed. student teachers is found very high towards positive psychology but there is significant difference between male & female student - teacher of B.Ed. college.

Positive psychology effected on student - teacher attitude.

References -

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